Emily Sorensen

Summary

I am Emily Sorensen (She/Her), a theatre artist and actor currently located in Vancouver, British Columbia. In 2026, I graduated from the University of Regina after 5 years of study as the first cohort with a BFA in Devised Performance and Theatre Creation. As an artist, I enjoy acting, devising, and collaborating with as many other artists as possible. I have passion in devising my own theatrical work whilst also engaging and being an active participant in the work of others. Throughout my education, I worked alongside my cohort creating, experimenting, and researching, to form our own collective projects under the name Theatre 26. Although pursuing a majority of performance opportunities, I have also worked behind the scenes as a playwright, assistant stage manager, designer and dramaturg. My recent goals have aimed to broaden my skillset and not limit myself as a creative. I am currently attending Vancouver Film School in pursuit of an Acting for Film and Television diploma. I have a constant drive to learn, train, and grow my practice!

Arts and Cultural Training and Learning

August 2026-Present	Diploma in Acting for Film and Television, Vancouver British Columbia
September 2022-June 2026	Bachelor of Fine Arts, Devised Performance and Theatre Creation, Regina Saskatchewan
June 2025	Theatre Conference, Presented by Saskatchewan Association of Theatre Professionals, Regina Saskatchewan
February 2025	Gathering and Learning Series: 4 Day Intensive, Presented by Ghost River Theatre and Curtain Razors

Arts and Culture Work Experience

May 2022-June 2026	Team Lead, Host and Actor at Escape Manor, Regina Saskatchewan

Artists and Community Collaboration Activities

March 2026	Facilitator, Devised theatre workshop taught to students at Michael A. Riffel Highschool, Regina, SK.

February 2026	Facilitator, Devised theatre workshop taught to students at Martin Collegiate, Regina, SK.

Acting Experience

Theatre

Date	Show	Role	Director	Theatre
2026	Space Between	TV	Annika Danielson	Cathedral Village Arts Festival
2026	What Was, What Will	Emily (Myself)	Judy Wensel	University of Regina
2025	No Name (Fringe Survivors)	Deviser	n/a	Cathedral Village Arts Festival
2024	As You Like It	Le Beau/Jaques	Kathryn Bracht	University of Regina
2024	Family, Fairies, Wishes, and War	Ada/Chepi/Adrian	Jonathan Seinen	University of Regina
2023	All Good Things Must Begin	Various	Jennifer Brewin	University of Regina
2023	Goodbye Charles	Barb	Brendan Lorch	Blue Room Company
2023	The Talking Conure (A Staged Reading)	Audrey	Ayesha Mohsin	University of Regina

Film

Date	Title	Role	Director	Company
2026	In Quiet Company	Unnamed (Secondary)	Dani Fink	University of Regina
2025	Balance in Benevolence	Marianne (Lead)	Alexander Brass-James	University of Regina

Voice Acting

Date	Title	Role	Director	Company
2026	3-3-3 Rule Animation	Narrator	Jay Mendoza	Regina Humane Society

Playwriting Experience

Date	Show	Director	Theatre
2026	What Was, What Will	Judy Wensel	University of Regina
2024	Family, Fairies, Wishes, and War	Jonathan Seinen	University of Regina

Design Experience

Date	Show	Director	Theatre
2026	What Was, What Will	Judy Wensel	University of Regina
2024	Family, Fairies, Wishes, and War	Jonathan Seinen	University of Regina

Assistant Stage Management Experience

Date	Show	Director	Theatre
2026	What Was, What Will	Judy Wensel	University of Regina
2023	Orlando	Jonathan Seinen	University of Regina

Production Support Experience

Date	Show	Director	Theatre
2025	Tommy and Père	Judy Wensel	Curtain Razors
2025	Weyburn 1959 (A Staged Reading)	Jonathan Seinen	Architect Theatre

Volunteer Experience

March 2026	Front of House and Production Support for Dunes	Mackenzie Art

	from the Sahara Book Launch	Gallery
September 2025	Front of House for Banana Musik, a new play by Kris Alvarez	Artesian

Awards and Community Recognition

Winter 2026	Acting for Film and Television Entrance Scholarship	Vancouver Film School
Fall 2025	Academic Silver Scholarship	University of Regina
Fall 2023	Academic Silver Scholarship	University of Regina
Fall 2021	Media, Art, and Performance Entrance Award in Theatre	University of Regina

Memberships and Affiliations

Member at Large. Saskatchewan Association of Theatre Professionals, 2025-Present